

From the fridge

Our staples

Egg and Bacon Torta
Cornish Pasties
Beef and Chicken Pies
Sicilian Sausage Rolls
Spanakopita
Chicken Cotoletta
Baguettes - Ham, Chicken Schnitzel, BLT and Chicken Mayo
'Italian Job - Pesto, Ricotta, Provolone, Mortadella
Ham and Cheese Toasties & Croissants
Muffins - Gluten Free Sweet Muffins
Burritos - Bean or Beef
Zucchini and Haloumi Fritters
Quiche - Tomato and Fetta
Beef Lasagne
Moussaka
Bolognese Sauce

Our Seasonal and sometimes foods....

Our fridge offers a range of delicacies which we offer on a rolling and seasonal basis

Delicious soups... to name a few...

Minestrone
Chicken and Spring Vegetable
Chicken and Barley
Lentil and Vegetables
Pea and Ham
Tomato, Lime and Fennel

Vegetarian

Sicilian Vegetarian Lasagne
Spanakopita
Spinach and Ricotta 'Nudi' Balls
Napoli Gnocchi
Okonomiyaki Pancakes
Kathy's Dahl and Fragrant Coconut Rice
Muffins - savoury

Salads

Asian Chicken Slaw
Italian Slaw
Greek Salad
Broccoli, Bean, Cauliflower and Pesto
Quinoa and Vegetable Salad
Caesar Salad

Hearty meals

Beef

Beef Spezzatina
Beef Bourginon
Beef Stroganoff
Rogan Josh
Meatballs

Lamb

Lamb Abbacchio
Lamb Saag
Greek Lamb

Chicken

Chicken Porcini
Chicken Agrodolce
Chicken Provencale
Tuscan Chicken
Italian Chicken
Chicken Puttanesca



From the fridge

Dessert and all things sweet ...

Small treats

Baci Biscuits
Chocolate and Hazelnut Slice
Caramel Slice
Pistachio Semolina Slice
Banana Bread

Creamy Desserts

Tiramisu
Chocolate Mousse
Rice Pudding

Our Cakes

Sicilian Apple Cake
Chocolate Torta Caprese
Lemon Polenta Cake
Orange Polenta Cake
Lemon Curd Cheesecake

Cheese & deli

Delicious cheeses, meats, olives, pates and dips

Alimentari

Specially chosen products perfect for gifts, entertaining or just for you to enjoy!



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